

Activity Typology: Cooperative Challenge

Material: 2 cushions

Description of the activity:

The objective of the game is to move around the house using only two cushions. First, you should mark the beginning and the end of the route that crosses the entire floor or house. The person or people who play cannot touch the ground with any part of the body and can only move using the cushions.. Finally, the cushions cannot be dragged on the floor.

The challenge is overcome when the person or people arrive at the end of the route with the cushions and without having touched the ground at any point.

Variants:

- V1:** Other materials can be used to make the challenge more difficult or to provide variety. For example, 2 shoe boxes, small towels, or notebooks.
- V2:** If two people from your family or more participate. Complete the route together (holding hands). If they split at any time, they must start over.

Questions for reflection:

- Did you like the game? Was it fun?
- Did you make it to the end of the tour?
- What was it like to take the tour? Was it easy, complicated...?
- What strategies have you put into practice in order to cross the river?
- What value has been enhanced by this cooperative challenge?