

Activity Typology: Musical Activity

Material: Educational equipment: list of songs prepared and a device to play music; participants: none.

Description of the activity:

The educational team has the names of all participants written on paper so that they can choose one at random. The chosen person will have to propose a song that the educational team will play while doing a dance and the rest of the group imitates the choreography posed. Then, when the choreography is over, the educational team will take on a new role with the name of someone else, who will be the new dance teacher for the next few minutes.

It is recommended to have a list of songs prepared in advance in the case that a participant does not think of any songs.

Variants:

V1: Represent another activity that is not related to the dance. The chosen person, for example, makes a movement related to a sport or performs a warm-up/stretching movement.

Questions for reflection:

- Did you like the activity? Why? What did you like the most?
- How did you feel about being the person who proposed how to dance?
- Did you feel the same way when you were following someone else's choreography?
- What value do you think has been enhanced by this activity: respect, effort, or ambition?
- How do you show respect at home?