

Activity Typology: Creative/construction activity

Material: All kinds of material that are not delicate: books, notebooks, pencils, pens, card sets, boxes, cushions, etc.

Description of the activity:

Each participant builds a tower with all the material they find at home that is not delicate (to prevent it from breaking). The higher the tower, the better. When the tower is finished being built, the tower must last 10 seconds without falling.

Questions for reflection:

- Did you like the activity?
- What materials have you used?
- How did you feel when the tower fell? Have you taken it as a challenge or have you been discouraged?
- What value do you think has been enhanced by this activity: teamwork, effort, or ambition?
- Where do you also have to work? At home, at school...? For what?
- In what other situations should you continue to work to overcome yourself?