

Activity Typology: Cooperative Challenge

Material: Strings and soft balls

Description of the activity:

It is recommended to form small groups of 6 people to facilitate respect for the safety distance.

In each group, two people hold a rope so that it is always parallel to the ground (as if it were a tennis net) and can move throughout the play space. Two people are located on each side of the rope. Participants must pass the ball with their feet above the rope. The goal of the 6 people in the group is to make 5 passes in a row. People holding the rope can move to help achieve the goal.

Variants:

V1: The goal is to get 10 passes in a row.

V2: Passes are made with other parts of the body: with the hands, with the knees, with any part of the body, etc.

Questions for reflection:

- Did you enjoy the activity?
- Did you like to play with both roles: holding the rope and passing the ball? Did you like any of them better?
- What value do you think has been most important in this activity?
- In what other spaces do you put this value into practice? At home, at school, on the street, on public transport...?
- In what situations does this value take on importance?