

Activity Typology: Relay and racing game

Material: Cones

Description of the activity:

Participants are placed behind the cones in the play space as indicated in the following graphic, so that the participants run in a lane that they do not share with the participants in other groups, between each row there should be two meters of minimum distance and meetings to play rock, paper, scissors are played sideways:

The first participants of the two rows start running in a straight line and until they coincide on a part of the course, they stop and play "Rock, paper, scissors" (only once). If you show the same shape, try again. The person who wins the match keeps running forward and another person from the other group starts running towards them until they meet again and begin playing "Rock, paper, scissors". The same dynamic is repeated until one group achieves the goal: to reach the beginning of the path of the other group.

How do you play "Rock, paper, scissors": Two people hide their hand behind their backs and at the same time say "1, 2, 3, GO!" At this time, the two people show the hand they had hidden in the form of:

- Rock (*Closed Fist*)
- Paper (*open and extended hand*)
- Scissors (*hand closed with index and heart fingers extended and open – as if the symbol of victory were made-*)

Paper beats the rock by wrapping it; the rock beats the scissors by hitting it; and the scissors beat the paper by cutting it.

Variants:

V1: The rock, the paper or the scissors is represented with the body.

- Stone (crouched)
- Paper (standing, arms and legs spread)
- Scissors (standing, with arms stretched overhead)

V2: You can vary the displacement without material (jumping with feet together, jumping with one foot, running on your back...) or with material (jumping from circle to circle, making "slalom" to cones or circles...).

Questions for reflection:

- Did you like the game? What did you like the most?
- Did you use a strategy to know what shape to show?
- What value do you think has been most enhanced by this game: effort, teamwork, respect, ambition, humility?
- In what situations do you also identify this value at home?